

2020 Schoolwide Zones of Regulation Survey

100 Participating schools/districts across the U.S.
All using *The Zones of Regulation* as a Tier-1 whole school instruction
Conducted February 2020

"[Schoolwide Zones] has helped our staff in understanding the needs of our students. It helps build empathy instead of frustration with our more challenging students. The Zones also create a conversation that is more hopeful and skill based instead of punishment based. I could go on and on...." -Participant Impact Statement

85% classified the overall perception from students, staff, and families/caregivers of The Zones Schoolwide as "very positive" or "positive".

82% stated The Zones Schoolwide positively impacted overall equity and inclusion for students with social/emotional challenges or unique needs in their school.

82% use The Zones for Tier-1 instruction also use The Zones as a base for Tier-2 and Tier-3 Interventions as part of their PBIS or MTSS (RTI) system.

Top 5 positive impacts of implementing Schoolwide Zones of Regulation for students and staff:

- 1- Common language for students and staff
- 2- Student self-awareness of emotions/using language to identify emotions
- 3- Students able to use tools/strategies to help with regulation
- 4- Increased staff skills/mindset
- 5- Decreased disciplinary referrals/outstanding behavior incidents

Interested in more information on using The Zones Schoolwide?
www.zonesofregulation.com/schoolwide-implementation